

POINTS FOR SENIORS ESTABLISHED IN THE HEART OF SLOVENIA



Local Action Group (LAG) Heart of Slovenia, whose coordinator is Development Centre of the Heart of Slovenia, prepared the project "**Point for Elderly- Establishing a model and services to help the elderly living at home**", that was granted. The project lasts from June 2020 till March 2024 and is funded by European Agricultural Fund for Rural Development (EAFRD) and the Republic of Slovenia within the Rural Development Program 2014-2020.



The good practice of Institute Oreli from Kamnik "organized voluntary help for elderly people living at home", is being transferred to other parts of the LAG Heart of Slovenia area. In the first phase, knowledge and practical experience were gained through trainings for potential coordinators and volunteers. "Point for seniors" accepts requests for help from relatives or seniors themselves and coordinates activities with the support of local institutions. In the second phase, the network of participating organizations and volunteers will expand to three other municipalities. It will be possible to receive phone calls, e-mails and personal visit, where seniors can ask for advice and help.

Volunteers will also visit seniors at home for conversation, good company, food deliver and other basic support, mainly to reduce loneliness and isolation among seniors. There will be also trainings in digital skills organized, where each senior will have a young mentor for support. Point for Elderly has synergies with Digital Generations project and that is why the implementation of both will be linked.

Objectives: improving the quality of life of seniors; increasing the share of informal home care; improving the knowledge and competences of rural actors; improvement of social capital; improving working conditions for residents, especially vulnerable groups.

Main activities to achieve the goals: Education of service coordinators for seniors; mapping and analysis of existing services in municipalities; establishment of a system of coordination of institutions and a network of volunteers; preparation of an operational strategy of assistance for the elderly with selected services; education for seniors and their relatives.

Results: Successful transfer of knowledge; established network of volunteers in the project area; established new three points for seniors.



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