## 29 APRIL: EUROPEAN DAY OF SOLIDARITY AND COOPERATION BETWEEN GENERATIONS



Since 2009, in order to highlight the importance of the relationship and collaboration between different generations, the European Parliament and the European Commission have proclaimed 29 April as the European Day of Solidarity and Cooperation between Generations.

Solidarity is one of the pillars of the European Union and therefore on this day we commemorate the relationship between old and young people, seeking to promote and raise awareness of the importance of intergenerational solidarity and dialogue and cooperation between generations.

## "Solidarity between generations is seen as a key factor in creating a more cohesive and sustainable society, and the European Day of Solidarity between Generations serves as a reminder of the need to work together across age groups to achieve common goals." (ESU, 2023).



The project **Digital Generations** also shares this line of thinking and therefore, through its results and materials, seeks to promote the digitalisation of seniors by having the new generations as mentors and teachers. During the project, numerous activities and training sessions for seniors have been carried out in Slovenia, Greece, France, Bulgaria and Spain, with very positive results and great satisfaction for both generations. **Solidarity starts with small gestures!** 

If you are interested in the Digital Generations project and in helping our seniors feel more included in this increasingly technological society, don't hesitate, **visit our website!** On it you will find the Training Methodology and the Mentoring Methodology, which will allow you to start this adventure together with the seniors.

Read more about the European Day of Solidarity and Cooperation between Generations: European Comission (28 April 2021). Solidaridad y Cooperación entre Generaciones: un pilar fundamental de la UE. Available at: <u>https://spain.representation.ec.europa.eu/noticias-eventos/noticias-0/solidaridad-y-cooperacion-entre-generaciones-un-pilar-fundamental-de-la es</u>

European Seniors Union. (29 April 2023). The European Day of Solidarity between Generations. Available at: <u>https://esu-epp.eu/events/the-european-</u> <u>day-of-solidarity-between-generations-2/#:~:text=The%20day%20is%20celebrated%20every,understanding%20and%20respect%20between%20them.</u>





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